

Who we are...

CREDENCE is the brain-child of Dr. Riddhima Gehi. It offers a personalised, holistic and integrated approach for patients at the comfort of their homes.

Dr. Riddhima Gehi has completed her Masters in Clinical Physiotherapy (Gold Medalist) in 2017.

She is dedicated and proficient in treating a wide spectrum of cases with her diverse knowledge in the fields of:
Geriatric Rehabilitation, Oncological Rehabilitation, Orthopaedic/Musculoskeletal Cases and Pre and Post Surgical rehabilitation.

Her vision is to work towards Preventive rehabilitation and help individuals live a long and healthy life.

She also has her own brand "Energised Salts by Dr. Riddhima" since August 2018 which is dedicated to help her patients live a stress free life.

At **CREDENCE**, Dr. Riddhima Gehi amalgamates her knowledge of Physiotherapy and her expertise with various healing modalities like:

- Pranic Healing
- Angelic Healing
- Chromotherapy
- Graphology
- Financial Healing
- Angel Card Reading.

This integrated approach has developed from her desire to heal her patients on all the levels – Body, Mind and Soul.



Dr. Riddhima Gehi (PT)
BPTth (Mumbai),
MScPT in Clinical Physiotherapy (Coventry
University, UK)



CREDENCE

— REHABILITATION & WELLNESS —

Physiotherapy | Healing | Angel Card Reading
Energised Salts By Dr. Riddhima



Physiotherapy

She specialises in treating the following cases:

- *Arthritis and Joint Replacements*
- *Pre and Post Surgical Rehabilitation*
- *Work Related Musculoskeletal Pains*
- *Orthopaedic and post Fracture/ dislocation Rehabilitation*
- *Geriatric Rehabilitation/Senior Citizen's Fitness Programs*
- *Musculoskeletal conditions – Cervical Spondylosis, Back Pains, Prolapsed Intervertebral Discs, Ligament Sprains, Rheumatoid Arthritis, Sciatica, Muscle Strains*
- *Balance Disorders*
- *Neurological Ailments – Parkinson's Disease*
- *Oncological Rehabilitation*
- *Aquatherapy*
- *Corporate Wellness*
- *Group Therapy*
- *Cardiorespiratory Rehabilitation*
- *Antenatal and Postnatal Physiotherapy*
- *Relaxation Therapy*

Dr. Riddhima Gehi has over 5 years of experience in the field of Physiotherapy and Rehabilitation.

She is known for her hands on management and the usage of new techniques of Manual Therapy, Kinesiotaping, Thera-Bands, Thera-Balls, Myofascial Releases, Cupping, soft tissue mobilisation and much more.

Angel Card Reading

Angel and Oracle Card Readings serve as divination and guidance tools to help individuals get answers regarding their:

- Life Purpose
- Best Career choices
- Health and Healing
- Finances
- Relationships and Marriage
- Issues stemming from their Past Lives
- Spiritual Journey
- Identification of Strengths and Obstacles
- To plan your entire year
- Protection
- Remedies to help you improve your current situations
- General readings



*Time: approx 60 min
Topics Covered: 4 (in detail)*

Angel and Oracle Card Readings can be done over a phone call or on WhatsApp. The accuracy is the same for both. It is important that the client provides a background of the entire situation regarding which they need answers via email.

*In case you have more questions, the sessions could be extended.
Prior notice and payment is absolutely mandatory.*

Dr. Riddhima Gehi has treated many patients with Periarthritis of the Shoulder, Cancer, Vertigo, Fractures, Low Back Pain, Depression, Stress, Anxiety, Psoriasis, Degenerative Conditions, Anger, Hypertension, Diabetes, PCOD, improving concentration/ productivity, increased stamina for athletes and even financial problems with Pranic Healing.

She also conducts sessions of Twin Heart Meditation for her clients and companies to help them rejuvenate and relax. She also possesses knowledge about Pranic Feng Shui, Spiritual Business Management and Kriyashakti which helps her clients to improve their finances and health.

Pranic Healing

Pranic Healing is a no-touch, no-drug and no-pain energy healing modality founded by Grand Master Chao Kok Sui in 1987. It serves as an adjunct to accelerate healing in various physical, mental, emotional and psychological cases.

Healings offered:

- Physical and Emotional Healing
- Psychological Healing
- Financial Healing
- Crystal Healing
- Relationship Healing
- Pranic Feng Shui
- Healing of home, workplaces and properties
- Energetic cleansing of Jewelry
- Psychic Self Defence for individuals, home and workplace
- Recommendation of crystals as per the individual's needs
- Yearly charts for yourself or your business to help you plan your year and investments
- Cellular Healing
- Body Sculpting and Pranic Facials
- Generational Healing

Lavender

Energetic cleanser – absolutely essential for Healers, Doctors and patients

Sandalwood

Energetic cleanser – absolutely essential for Healers, Doctors and patients

Rose

Calmness & Love

Rose & Vanilla

Relieves Anxiety

Jasmine

Helps relieve menstrual cramps

Lemongrass

Helps relieve headaches and soreness. Induces sleep.

Peppermint

Pain relief and alertness

Mandarin

For people who are sensitive to smells, leaky gut syndromes, patients suffering from Cancer. Highly recommended for adding in the bathing water for infants and kids.

Eucalytus

Pain relief and people who suffer from recurrent respiratory tract infections

Prosperity Bath Salt

Deep Cleanser and brings in abundance (people with sensitive skin should avoid this)

Men's cologne

Specially customised for Men

And many MORE.....



ENERGISED SALTS

by Dr. Riddhima

These salts are popular especially among Healers, Doctors, Mothers, Athletes, Marathon Runners, Patients, Kids, people experiencing tremendous stress/working in the corporate sector and Entrepreneurs as it helps to disintegrate any energetic contamination or negative emotions that they encounter in their day to day life. The aromas of the oils leaves your skin supple and fragrant all throughout the day.

Taking a salt water bath or soaking your feet in salt water has many advantages like stress relief, pain reduction, rejuvenation, provides calmness and peace.

She curates and customises the salts as per the client's requirements, preferences and needs. Her collection includes Bath Salts and Foot Soaks which are energised to help bring about maximum therapeutic benefits for the user.

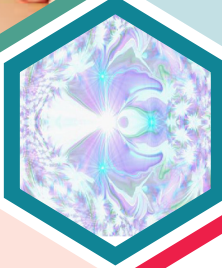
*We courier pan India. **These are natural and made from High quality salts and essential Oils. **A combination of various essential oils could also be made as per the client's requirements. **# A prior notice of 3 days is mandatory. ***We also undertake corporate gifting options and bulk orders. Instruction sheet will be provided with every order.

Other services offered...

Wellness Programs



Angelic Healing



Grapho analysis



Grapho therapy

Color therapy



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Dr Ridz – Angel Card Reader